

# BETH ISRAEL JUDEA BULLETIN



***BIJ - Your Community for Life***

# WELCOME TO BIJ

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## The BIJ Bulletin

The BIJ Bulletin is published in January, March, May, July, September and November each year by Congregation Beth Israel Judea. Original articles and reviews are appreciated, but we cannot guarantee publication. Submit ideas by email to: [bulletin@bij.org](mailto:bulletin@bij.org) in simple Microsoft Word format or in the body of your email. **Deadline** for the upcoming November / December issue is: **Friday, October 7.**

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## Office Hours

**Tuesday, Wednesday, Thursday:** 10 AM to 5 PM

**Friday:** 10 AM to 3 PM

**CLOSED Mondays and also:**

**TUESDAY, OCTOBER 4TH, 2ND DAY**

**ROSH HASHANAH**

**AT NOON, TUESDAY, OCTOBER 11TH,**

**EREV YOM KIPPUR**

**WEDNESDAY, OCTOBER 12, YOM KIPPUR**

**TUESDAY, OCTOBER 18TH, FOR 2ND DAY**

**SUKKOT**

**TUESDAY, OCTOBER 25TH, FOR SIMCHAT**

**TORAH**

# BOARD OF TRUSTEES

## From the Co-Presidents by Nancy Greenberg & Deborah Schweizer

### Thoughts from Deborah

As we enter the months of fall, (September/October, Elul/Tishrei), there is much activity as the cycle of life continues and we approach the High Holy Days. It's a time of harvest, reaping what we sow. Children return to school. Young adults go off to college. Summer vacation becomes a distant memory. We get back to the rhythm of our busy lives: work, study, sports, activities, projects started and then completed, caregiving for our families and loved ones. And in the midst of it all, we pause to confront the solemnity of the High Holy Days-- the time when we take stock of our lives, seek atonement and anticipate the future.

Looking back over this past year at BIJ, I can't help but think that one year ago we were embarking on uncharted territory as a community. We were facing the High Holy Days having just experienced the profound loss of our Cantorial Soloist David Morgenstern, z"l. Interim Cantorial Soloist Ricki Weintraub was busily preparing to help lead our services with Rabbi Gottlieb and our dedicated Nashira Choir. Nancy and I had just started our term as your Co-Presidents after five years under the sure leadership of Josh Goodman. We had just started conducting a series of Community Gatherings with the hope of learning more from our members about what connected them to BIJ and what steps we could take to increase participation. We were implementing a new governance plan to involve more members in bringing about the essential functions of our synagogue. We were also facing a \$40,000 budget deficit and deeply concerned about our community's sustainability.

Seeing where we are today as a community, I am struck with feelings of awe. We marked the end of a year of mourning with a special Havdalah gathering where we honored the memory of our Cantor David z"l, and, through the generosity of the Morgenstern Family, were even offered his colorful neckties! Ricki assumed the role of Cantorial Soloist/Head of Religious School and will again work with Rabbi Gottlieb and our Nashira Choir to help lead our High Holy Day services. Nancy and I are settled in as your Co-Presidents. We are supported by a dedicated group of Trustees and Team Leaders, each of whose commitment to our community is demonstrated by how they make sure, with the grand work of our dedicated clergy and staff, that our spiritual, educational, financial and operational needs are all attended to. Our members seem engaged as participation at erev and morning Shabbat services, adult learning, and holiday worship are vibrant and increasing. We asked for your support and almost every one (92%) responded. Member volunteers pitch in reliably and we reduced last year's deficit to less than \$10,000, and are projecting an even lower budget deficit for 2017/5777.

And yet, in the face of all we have accomplished together, our continued future is not guaranteed. As we know from our prayers and meditations over the High Holy Days, we cannot take things for granted.

Our beloved BIJ community exists because we nurture and attend to it. We give of our time. We renew our membership commitments and we pledge support in response to the Annual Fund Appeal. As we reflect upon our hopes for the future, I pray that we all will be written and sealed in the Book of Life. I hope we are granted good health and strength and will find many reasons to come together to share another year as our beloved BIJ Community.



### Thoughts from Nancy

"Even the fish in the water tremble when they hear the Shofar during the month of Elul." I wish I could say it or even write the phrase in Yiddish because that would give you the real flavor of the saying. Traditional Jews sound the Shofar every day of Elul to remind themselves of the upcoming Days of Awe, of the preparation needed to forgive and be forgiven and to reflect on the past year and prepare to be better in the next year.

That quote reminds me of the U-n-taneh Tokef prayer which, when chanted by our Cantor and Choir, literally makes me tremble. It's ending is so mournful, "to avoid the severe decree." *T'shuvah, T'filah and T'zedakah*, forgiveness/repentance, study and charitable giving.

The prayers of our High Holy Days brings us together as one community praying individually but also together. It is that togetherness that is so important. What follows is copied from a slip of paper that was placed on our coffee and dessert tray in a bistro in Carmel, CA.

The cafes and bistros in European culture have always been more than just a place to eat and drink. The cafe is where people from all walks of life, whether they are artists and writers, or business people and politicians, can come and interact freely. Cafes and bistros are social hubs, places for discussion, thought, relaxation and time with friends. People can laugh, share stories, share ideas and debate in a casual atmosphere that is comfortable and stress-free. These places are bustling with activity and there is a sense that everyone belongs. Great ideas and dialogue go hand in hand with great food and wine. We find inspiration in the meals and drinks that nourish our bodies and minds. The cafes and bistros have spawned many a great idea and many a great meal.

I feel that this is what we are striving for at BIJ, and it is a little bit of BIJ now. As Deborah mentioned we have worked very hard to get where we are today, further develop our sense of community, connect to more of our members and govern more efficiently. That "we" is Deborah and I, the Board of Trustees, our Team Leaders, our Member Volunteers and YOU.

*L'Shanah Tovah Tikatevu,*

*Nancy Greenberg and Deborah Schweizer*

# FROM THE RABBI'S STUDY

## See You in September?

By Rabbi Danny Gottlieb



Each year, as the summer months come to a close and September looms on the horizon, our thoughts turn to the approaching High Holy Days and the opportunity to observe and celebrate them with our BIJ family. Even those who seldom come to the synagogue for worship services seem to find their way here for Rosh Hashanah and Yom Kippur. The Jewish parts of their inner being tell them that it is good to be together to start the New Year.

This year, the High Holy Days do not begin until October 2<sup>nd</sup>. So the question is, "What will happen in September?" And I want to invite all of you to come to BIJ and find out!

The month of September will be filled with celebrations, communal gatherings, services and adult study programs, a new beginning for our religious school, and opportunities to help make life a bit easier for San Francisco's homeless and hungry. The rabbis teach that we must prepare for the High Holy Days through study, prayer and engagement in our community, and that this preparation needs to begin well in advance of Rosh Hashanah. Here are some possibilities. Perhaps you will find some that will speak to your inner being, and we will see you in September...

### Adult Study in Elul

The month of Elul, which is the month on the Hebrew calendar leading up to Rosh Hashanah, begins on Sunday, September 4th. In synagogues all over the world, the shofar is blown at weekday morning services throughout the month of Elul in anticipation of Rosh Hashanah. The sound of the shofar calls us to repentance and awakens within us a spirit of renewal for the year ahead. This is the beginning of our preparation.

I am pleased to invite you to join me and the rabbis of our Southside Jewish Collaborative (B'nai Emunah, Ner Tamid and Or Shalom) for a special study series – Four Gateways to the High Holy Days – every Sunday evening in the month of Elul – 7:00-8:30pm.

9/4 - The Gateway of Belief, Rabbi Mark Melamut at Bnai Emunah

9/11 - The Gateway of Repentance, Rabbi Danny Gottlieb at BIJ

9/18 - The Gateway of Holiness, Rabbi Katie Mizrahi at Or Shalom

9/25 - The Gateway of Covenant, Rabbi Moshe Levin at Ner Tamid

### Some September "Regulars" and "Highlights"

**Shabbat Evenings:** First Friday – A new format for Shabbat Shelanu, which we will share this year with B'nai Emunah, welcoming all (not just families with school-age children) for a Shabbat meal and a musical service led each month by me, Ricki and some of our young people. For just this month (on September 2<sup>nd</sup>) our Shabbat Shelanu will be at B'nai Emunah and begin at 6:30 (no Tot Shabbat).

Second Friday – Shabbat in the 'Hood, an intimate Shabbat gathering in the home of a BIJ member open to all, whether it's your neighborhood or not. Third Friday – Our Friday Night Feast, a free catered Shabbat dinner with table blessings, followed by a speaker from within the BIJ community or the community-at-large. Fourth Friday – Sacred Hebrew Chant and Drum, a Jewish renewal Shabbat, with participatory music and meditation to nourish the spirit. Fifth Friday (a special gift for this September) – A special "learning service" with me and Ricki, with teaching and explanations and open for all questions as we go.

**Shabbat Mornings:** Shabbat learning and worship. Torah study followed by services. Join us for one or both. **Rosh Hodesh:** Women's study and celebration – Wednesday, September 7<sup>th</sup>. **Lunch and Learn:** An opportunity for daytime learning. I will be teaching on Thursday, September 15<sup>th</sup> at Ner Tamid. **Tikkun Olam Day:** Sunday, September 18<sup>th</sup> at B'nai Emunah. A day of social justice learning and doing with our Collaborative partners.

As you can see, the calendar is full, and the opportunities are many and varied.

### Selichot

One week before Rosh Hashanah, we complete our preparation for the introspection, repentance, joy and celebration of the High Holy Days with an evening of learning, discussion, quiet reflection, prayer and song. This year we welcome our friends from Congregation Sha'ar Zahav and B'nai Emunah to join us here at BIJ. We will begin with the film "Crime After Crime" about incarceration teshuvah and Jewish obligation, followed by a dessert break and Havdalah. We will complete the evening with our Selichot Service and chaning of our Torah mantles to their High Holy Day white. [This year, our Selichot Program and Service will take place on Saturday, September 24<sup>th</sup>, beginning at 8:00pm.](#) I look forward to seeing you there.

### Voter Registration

Even as we begin to focus on the New Year, we cannot forget our civic duty and responsibility. Especially at this time, when our nation is facing a number of critical issues - income inequality, racial division, immigration and judicial system and tax reform, challenges to social policy regarding women's rights, same-sex marriage, equal pay for equal work, job creation and clean energy - every voice must be heard, every vote counted. Make sure that you are registered to vote, and that your children and grandchildren are registered, too.

And of course, you are welcome to drop by for a chat here at the synagogue office. Just give us a call to let us know you are coming. I'll be happy to "see you in September!!"

*L'shanah tovah u'm'tukah!*

*Rabbi Danny Gottlieb*



# SHABBAT

## Shabbat Mornings

### 8:45 AM Torah Study / 10:00 AM Service

Join Rabbi Gottlieb each Shabbat morning at 8:45 for an accessible Torah study session, and then be right on time for Shabbat services. (The first Saturday of the month is a joint service with Or Shalom, led by their clergy. But save the date - November 5 will be a regular BIJ-led service!)

## Erev Shabbat

### 1<sup>st</sup> Friday: Shabbat Shelanu

#### September 2 at B'nai Emunah

A new format for Shabbat Shelanu, which we will share this year with B'nai Emunah, welcoming all (not just families with school-age children) for a Shabbat meal and a musical service led each month by me, Ricki and some of our young people.

This month at B'nai Emunah, the structure will be slightly different: there will be no Tot Shabbat, and the dinner will be a fully potluck, so please make sure to bring main dishes!

6:30 PM Potluck Dinner

7:30 PM Family Friendly Service

8:30 PM Dessert/Coffee Oneg Shabbat

#### October 7 at BIJ

We return to our usual structure:

5:45 PM Tot Shabbat Service

6:30 PM Catered Main Dish/Potluck Sides

7:15 PM Family Friendly Musical Service

RSVP <http://bij.org/events-donations/registration>

### 2<sup>nd</sup> Friday: Shabbat in the 'Hood

#### September 9, 7:30 PM in Potrero Hill

#### October 14, 7:30 PM in The Sunset

On the second Friday of each month, we take our Shabbat service "on the road" to different neighborhoods in San Francisco and the Peninsula. Members host the chavurah-style services in their homes, led by Rabbi Danny Gottlieb and Ricki Weintraub. This provides an opportunity for our members who find it difficult to travel at night to attend, and an opportunity to invite neighbors who are not yet members of the BIJ family to meet and engage with us in an informal way. If you are interested in hosting a Shabbat in the 'hood in the coming year, please contact the Barbara Hammel at [barbara2830@comcast.net](mailto:barbara2830@comcast.net)



*There will be no BIJ-led service at BIJ, yet all are welcome to attend Or Shalom's service at 7:00 PM.*

## 3<sup>rd</sup> Friday: Friday Night Feast

### September 16 & October 21, 6:30 pm

A free, catered Shabbat feast!, sponsored by Sisterhood - The Women of BIJ! Welcome Shabbat with tableside blessings, then enjoy delicious fare and each others' company. After *birkat hamazon*, the grace after meals, a special program for the adults takes place; children may retreat to the Fireside Room for supervised activity. Invite friends who have never been to BIJ! This monthly event is a wonderful opportunity to introduce your friends to our BIJ Community.

#### September 16: Rann Parker, Community Liaison for the Homeless Outreach Team

##### *Current Efforts to Reduce Homelessness in SF*

The Homeless Outreach Team (HOT) is a project of the Department of Public Health. BIJ and the member synagogues of the Southside Jewish Collaborative support HOT by preparing lunch sacks that the Team delivers to men and women living on the streets in San Francisco. To date, we have made approximately 3,000 meals delivered made by the volunteers of the Collaborative.

RSVP to [Sisterhood@bij.org](mailto:Sisterhood@bij.org) or on [www.bij.org](http://www.bij.org) by Sept. 8

#### October 21, Shabbat Sukkot: Vlad Khaykin, Associate Director of the Central Pacifica Region of the Anti-Defamation League

##### *We Were Strangers Too: The Syrian Refugee Crisis*

Born in the Soviet Union, Vlad immigrated to the United States as a Soviet-Jewish refugee. The Syrian Refugee Crisis is the worst refugee crisis since WWII. Join us to learn more about this crisis as well as the local and worldwide response to it -- **and what we can do to help.**

Dinner will be in and around the Sukkah (weather permitting), with family-friendly singing and Sukkah blessings. RSVP to [Sisterhood@bij.org](mailto:Sisterhood@bij.org) or [www.bij.org](http://www.bij.org) by October 13

## 4<sup>th</sup> Friday: Sacred Hebrew Chant & Drum

### September 23 & October 28, 7:30 PM

Our joyful band of vocalists and drummers lead us as we welcome Shabbat in an uplifting evening, layered with harmonies and rhythms, creating a sacred space. A potluck Oneg Shabbat and schmooze follows. Please bring a treat to share.

## 5<sup>th</sup> Friday: Special Shabbat Service

### September 30, 7:30 PM

A special "learning service" with Rabbi Gottlieb and Ricki Weintraub, with teaching and explanations, and open for all questions as we go.

# PREPARING FOR THE HIGH HOLY DAYS

ETERNAL ONE, WITNESS now that I forgive anyone who hurt or upset me or who offended me -- damaging my body, my property, my reputation or people that I love; whether by accident or purposely; with words, deeds, thoughts or attitudes.

I forgive every person who has hurt or upset me. May no one be punished because of me. May no one suffer consequences for hurting or upsetting me.

Help me, Eternal One, to keep from offending You and others. Help me to be thoughtful and not commit outrage by doing what is evil in Your eyes.

Whatever sins I have committed, blot out, please, in Your abundant kindness, and spare me suffering or harmful illnesses. Help me become aware of the ways I may have unintentionally or intentionally hurt others, and please give me guidance and strength to rectify those hurts and to develop the sensitivity to not continue acting in a hurtful way. Let me forgive others, let me forgive myself, but also let me change in ways that make it easy for me to avoid paths of hurtfulness to others.

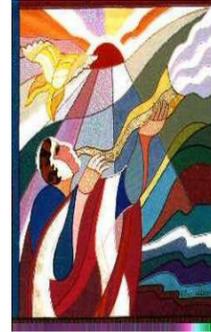
I seek peace, let me be peace. I seek justice, let me be just. I seek a world of kindness, let me be kind. I seek a world of generosity, let me be generous with all that I have. I seek a world of sharing, let me share all that I have. I seek a world of giving, let me be giving to all around me. I seek a world of love, let me be loving beyond all reason, beyond all normal expectation, beyond all fear that giving too much love will leave me with too little. And let me be open and sensitive to all the love that is already coming to me, the love of people I know, the love that is part of the human condition, the accumulated love of past generations that flows through and is embodied in the language, music, recipes, technology, literature, religion, agriculture, and family heritages that have been passed on to me. Let me pass that love on to the next generations in an even fuller and more explicit way.

Source of goodness and love in the universe, let me be alive to all the goodness that surrounds me. And let that awareness of the goodness and love of the universe be my shield and protector. Hear the words of my mouth and may the meditations of my heart find acceptance before You, Eternal One, who protects and frees me. Amen.



## SELICHOT:

*A Spiritual "warm up" for the High Holy Days*  
*Saturday Night, September 24th*  
*with friends from B'nai Emunah & Sha'ar Zahav*



Join us as we complete our preparation for the introspection, repentance, joy and celebration of the High Holy Days with an evening of learning, discussion, quiet reflection, prayer and song.

8:00pm – Film and Discussion:  
*Crime After Crime*

(about incarceration, teshuvah, and Jewish obligation)  
*Crime after Crime* tells the story of the legal battle to free Debbie Peagler from prison, two decades after her life sentence for involvement in the murder of the man who had abused her. Two young attorneys, Joshua Safran and Nadia Costa, with no background in criminal law, step forward to take her case, bringing long-lost witnesses, new testimonies from the men who committed the murder, and proof of perjured evidence. Safran, an Orthodox Jew, explicitly connects his observance with his sense of obligation toward Peagler.

– Dessert Break –

10:30pm – Havdalah, and our Selichot Service:

Led by Rabbis Danny Gottlieb, Mark Melamut and Ted Reiter and Cantorial Soloist Ricki Weintraub, this quiet and contemplative service, which will take us toward the hour of midnight, includes reflective seasonal teachings and meditations, as well as prayers and melodies from our High Holy Days, and includes the changing of our Torah mantles to their High Holy Day white. This is an exceptionally beautiful and powerful moment in time, and an experience that readies us for the Days of Awe that will follow.

The evening will end just before midnight.

\*\*\*\*\*  
 \* Elul Series - see page 11 for details. \*  
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**2016 High Holy Day Services at Beth Israel Judea 5777**  
**A Journey of Repentance and Renewal**  
*Rosh Hashanah*

WE WELCOME THE NEW YEAR WITH SERVICES THAT HELP US LOOK BACK AT THE YEAR  
 THAT HAS ENDED AND FORWARD TO THE YEAR THAT IS BEGINNING...

**Erev Rosh Hashanah, Sunday Night, October 2**

8:00 pm Evening Service: An uplifting contemporary musical service, led by Rabbi Gottlieb, Cantorial Soloist Ricki Weintraub and the Nashira Choir.

**Rosh Hashanah Day I, Monday Morning, October 3**

9:00 am Family Service: This joyful and engaging service is designed for families with younger children, led by Rabbi Gottlieb and Cantorial Soloist Ricki Weintraub.

10:00 am Morning Service: We continue our Rosh Hashanah worship using the new CCAR *machzor* and Rabbi Morris' *machzor*, *Hear Our Prayer*.

10:00 am Children's Program: During the morning service our children have the opportunity to participate in a program of arts and crafts, music, storytelling, drama, deliciously healthy snacks and more. The program includes a visit to the sanctuary to experience the blowing of the shofar with the congregation! Reservation form online at [www.bij.org](http://www.bij.org). Reservations must be received by September 12.

\*1:30 pm Tashlich Service: At the end of the morning service, we will nosh on apples with honey, and honey cake. Afterwards, we will walk down to Lake Merced for a brief Tashlich service where we symbolically cast away our sins (casting bits of stale bread into the water) and welcome a year of goodness and blessing. \*Time approximate.

**Rosh Hashanah Day II, Tuesday Morning, October 4**

**There will be four choices, offered by the Southside Jewish Collaborative. You are welcome to choose the option that provides the most meaningful Second Day celebration for you.**

1) **8:45 am Second Day Rosh Hashanah Service**, similar to the one we have held at BIJ in the past. This service will take place at B'nai Emunah, led by Rabbi Mark Melamut and Cantor Linda Semi.

2) **10:00 am Rosh Hashanah Symposium**. A 3-part panel presentation, accompanied by the 3 sets of shofar blasts, including a discussion moderated by Rabbi Moshe Levin. At Ner Tamid.

3) **10:30 am A High Holy Day Hike with Prayer, Readings and Song**, led by Rabbi Gottlieb and Ricki Weintraub. The hike will begin at the Pacifica Pier.

4) **11:00 am Contemplative Shofar Service** Chant, meditate, and hear the shofar blasts, led by Rabbi Katie Mizrahi and David Cohen-Tzedek. This service will be held at Ocean Beach at Taraval.

**12:00 noon** Each of these programs is designed to end so that participants may join in a **picnic lunch at Ocean Beach (at Taraval), followed by a 2<sup>nd</sup> opportunity for tashlich.**

**2016 High Holy Day Services at Beth Israel Judea 5777**  
**A Journey of Repentance and Renewal**  
*Yom Kippur*

JEWISH TRADITION CALLS UPON US TO REMAIN IN THE SYNAGOGUE THROUGHOUT THE DAY OF ATONEMENT. A VARIETY OF WORSHIP SERVICES AND STUDY PROGRAMS WILL BE OFFERED TO ENGAGE US FROM KOL NIDRE THROUGH TO SUNDOWN ON YOM KIPPUR...

**Kol Nidre, Tuesday Night, October 11**

**8:00 pm Evening Service:** Gathering together to hear the powerful chanting of *Kol Nidre*, our BIJ community will begin our day of prayer and fasting with deep introspection, reflection and solemn worship, *led by Rabbi Gottlieb, Cantorial Soloist Ricki Weintraub and the Nashira Choir.*

**Yom Kippur, Wednesday, October 12**

**9:00 am Family Service:** Designed for families with younger children, our service will include storytelling and a discussion about how to be better people in the year ahead.

**10:00 am Morning Service:** Continue our day of prayer and study using the new CCAR *machzor* and Rabbi Morris' *Hear Our Prayer*.

**10:00 am Children's Program:** See description for Rosh Hashanah Day 1 Children's Program. Yom Kippur program includes a visit to the sanctuary for a special children's blessing on the *bimah* during the morning service. Reservation form online at [www.bij.org](http://www.bij.org). Reservations must be received by September 12.

**1:45 pm Yom Kippur Study:** Stay with us in the synagogue for Yom Kippur study, the first of two programs connecting the morning service to the afternoon Yizkor and Ne'ilah services.

**3:00 pm Music and Meditation:** Join us in the Fireside Room for a program of quiet music, contemplative readings and silent meditation, *led by Rabbi Gottlieb and Cantorial Soloist Ricki Weintraub.* This program provides rest and renewal for both body and soul as we prepare for the resumption of services in the main sanctuary, which will take us through to the end of our Day of Repentance.

**4:30 pm Afternoon Service:** We will resume our worship with a brief Torah service and the chanting of the Book of Jonah. Everyone is welcome to take a moment to stand at the ark and offer their prayers of the heart.

**4:30 pm Children's Program:** See description for Rosh Hashanah Day I Children's Program. Reservation form online at [www.bij.org](http://www.bij.org). Reservations must be received by September 12.

**\*5:30 pm Yizkor Service:** We remember our beloved family, friends and fellow members of BIJ who have died. As in past years, we will publish a Book of Remembrance.

**\*6:15 pm Ne'ilah:** This final, introspective service takes place during the waning hours of the day "as the gates begin to close." The ark will again be open for personal prayers, and we will conclude with a final blast of the shofar and a rousing *L'Shana Haba'ah* to another blessed year of life.

**\*7:00 pm Community Break-Fast:** As we near sundown and the end of The Day of Atonement, a bit of sweet and savory will be provided following the service for those inclined.

\*Time approximate

# HHD CHILDREN'S SERVICES

# FESTIVALS

## High Holy Day Family Services

Dynamic and fun Rosh Hashanah and Yom Kippur Morning Services designed for families with younger children; led by Rabbi Gottlieb and Cantorial Soloist Ricki Weintraub. Services are free and open to all. *Our Family Services are immediately followed by separate Children's Programs.*

### Rosh Hashanah Family Service

**Monday, October 3, 9:00 am**

Please also join us for Tashlich (at Lake Merced) 1:30 pm.

### Yom Kippur Family Service

**Wednesday, October 12, 9:00 am**

## Children's High Holy Day Programs Reservations Required by September 12

Reservations are required for all three High Holy Day Children's Program Sessions. In order to ensure that we have enough staff to provide for your child(ren)'s safety, requests after this date will be accepted only if space is available. Price & Reservations for Rosh Hashanah and Yom Kippur: Members \$18/child/session  
Non-members \$28/child/session

Contact Ricki Weintraub, Head of Religious School, with any questions: [rweintraub@bij.org](mailto:rweintraub@bij.org)  
Register online at [www.bij.org/events-donations/registration](http://www.bij.org/events-donations/registration)



### Rosh Hashanah Children's Session

**Monday, October 3, 9:45 am-1:30 pm**

Every year BIJ offers a children's program (ages 2-10) during Rosh Hashanah adult morning services. Drop off at 9:45 am in the Mercaz (school building). Please bring a lunch for your child; snacks will be provided. Pick up is 1:30 pm. The day will include: Storytelling \* Music \* Drama \* Arts & Crafts \* Snacks \* Outdoor Playtime

### Yom Kippur Children's Morning Session

**Wednesday, October 12, 9:45 am-1:30 pm**

Much like the Rosh Hashanah program, but for Yom Kippur (ages 2-10). Don't forget a lunch for your child; see above for more details.

### Yom Kippur Children's Afternoon Session

**Wednesday, October 3, 4:30 pm-7:30 pm**

Pack a light dinner for your child (ages 2-10) and they can join us for an afternoon of fun and continued learning.

## Sukkah Building and Decoration

**Sunday, October 16, 9:00 am - 12:00 pm**

While our B3 community is learning about Sukkot in the classroom and creating beautiful decorations (during regular school hours), adults will be busy building the BIJ Sukkah in the courtyard. All will join together at 11:15am to decorate and put the finishing touches on the Sukkah. Join us! (Free, no reservation required.)



## Friday Night Feast/Sukkot Celebration

**Friday, October 21, 6:30 pm**

**6:30 pm Catered Dinner** (RSVP to [sisterhood@bij.org](mailto:sisterhood@bij.org)) in and around the Sukkah (weather permitting). With family-friendly singing and Sukkah blessings.

**7:30 pm Special Program with our Guest Speaker, Vlad Khaykin**, Associate Director of the Central Pacific Region of the Anti-Defamation League. Topic: "We Were Strangers Too: The Syrian Refugee Crisis"

## Sukkot/Shemini Atzeret Festival Service with Yizkor



**Monday, October 24, 10:00 am**

Join us as we celebrate the Festival and remember our loved ones.

## Celebrate Simchat Torah

**Monday, October 24, 6:30 pm  
at B'nai Emunah**

Join with our B3 partners at B'nai Emunah, for a vegetarian pot luck dinner, dancing with the scrolls and a special kids' candy parade, as we celebrate the beginning of a new cycle of Torah reading.

AT B'NAI EMUNAH, 3595 Taraval, SF



## ADULT EDUCATION

### Mindfulness Meditation Friday Mornings, 8:30 AM



Mindfulness meditation is a spiritual practice that allows us to create for ourselves an extended period of silence in which to focus on our inner self without the distractions of life's constant noise. It is a gift that we can give to ourselves, for getting in touch with our inner self and strengthening our spirit. We allow time to sit together quietly in silent Jewish practice, before heading off to our work or daily routine. This is a flexible work-in-progress, welcoming suggestions and open to evolving.

### Elul Series: Four Gateways into the High Holy Days

September 4, 11, 18 & 25, 7:00 PM

*Come and learn with the Rabbis of the Southside Jewish Collaborative during the four Sundays in Elul*

9/4 - The Gateway of Belief, Rabbi Mark Melamut at Bnai Emunah

9/11 - The Gateway of Repentance, Rabbi Danny Gottlieb at BIJ

9/18 - The Gateway of Holiness, Rabbi Katie Mizrahi at Or Shalom

9/25 - The Gateway of Covenant, Rabbi Moshe Levin at Ner Tamid

### Adult Hebrew Lessons

September 8, 22 / October 13, 27

Continuing Students 6:30 PM

This is an ongoing class. But watch this space for new opportunities to learn Hebrew coming in November!

### Learn to Lead a Shabbat Service

Would you like to learn how to lead a Shabbat morning service? Rabbi Gottlieb is looking for members who would be interested in learning how to lead the Shabbat morning prayers, both to assist him on Shabbat mornings and to lead the service on occasion when he is away. The learning will be in a small group or private tutorial setting, depending on the number of students. A reading knowledge of Hebrew and familiarity with the morning service is required.

Please let Rabbi Gottlieb know if you are interested, by email to [rabbigottlieb@bij.org](mailto:rabbigottlieb@bij.org).

### Golden Thursdays: Lunch & Learn with Rabbis Gottlieb, Levin, Melamut, and Mizrahi PLUS Sandwich Making September 15, 12:00 NOON at Ner Tamid October 20, 12:00 NOON at BIJ



Designed for people with flexible schedules who would like to come to the synagogue for a bite, learn with the Rabbis, and socialize. The Lunch & Learn sessions usually take place the third Thursday of the month, are led by Rabbis Gottlieb, Levin, Melamut, and Mizrahi and rotate among all three locations. A light lunch is provided, followed by sandwich making at 1:30 pm with our Tikkun Olam Hunger Relief Project.

### Learn the Torah Tropes November TBA

Has it been a while (years?) since you last read from the Torah? Perhaps you never learned to read the Torah but would like to do so? Would you like to occasionally read the Torah in our service on Shabbat mornings? What about being able to chant an aliyah when your child is becoming Bar/Bat Mitzvah? Are you interested in strengthening your Hebrew understanding and fluency? If so, then consider joining our upcoming adult Torah trope class. Please let the BIJ Office know if you're interested.

### Would You Like to Chant a Torah Portion for Shabbat?

Rabbi Gottlieb is looking for Torah and Haftarah readers for Shabbat mornings throughout the year. IF YOU ALREADY KNOW HOW...you are invited to learn a few new verses to leyn for any Shabbat. Or chant the maftir or your Haftarah on the anniversary of your Bar/Bat Mitzvah.

Give Rabbi a call at 415.586.8833 or send him an email at:

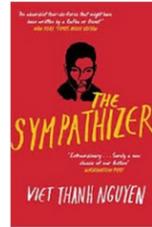
[rabbigottlieb@bij.org](mailto:rabbigottlieb@bij.org) to schedule and discuss the details.





# TIKKUN OLAM

## BOOK CLUB



**OCTOBER 13, 7PM, Offsite Location**

The winner of the 2016 Pulitzer Prize for Fiction, as well as five other awards, *The Sympathizer* by Viet Thanh Nguyen is a blistering exploration of identity and America, a gripping espionage novel, and a powerful story of love and friendship.

Contact Sherrie Rosenberg to verify date and location. 415.902.8293 or [sherrie.rosenberg@gmail.com](mailto:sherrie.rosenberg@gmail.com). Come join us!

## Hanukkah Fair!



**Sunday, December 4  
11am to 3pm**

*Get a head start on your holiday gifts and decorations by attending our annual Hanukkah Fair! Art, food, live music and fun.*

*Mark your calendars for Sunday, December 4... See you there!*

Don't remember what time Shabbat in the 'Hood starts? Wondering what Jewish events are going on in the community? It's all in the weekly e-blast delivered to your inbox on Wednesday afternoons. Be sure to check it out when it arrives. If you are not receiving the e-blast, just contact the BIJ Office and we'll add you to the distribution list!

email



The Southside Jewish Collaborative Tikkun Olam Program is continuing our efforts to provide opportunities to our members to be involved in helping those in need in our community and by so doing, Repairing the World. We hope you can join us for one or more of our upcoming events. **CHILDREN ARE WELCOME!!!!**

### TIKKUN OLAM DAY

On September 18th from 1:00 – 3:00 pm we will be holding our first “Tikkun Olam Day” at B’nai Emunah at 3595 Taraval, SF. KIDS AND ADULTS are welcome. We will have several activities taking place concurrently. Feel free to drop by at any time or stay for the whole two hours!

- DROP-OFF sample-size toiletries to support Working Essentials, a non-profit that provides support to women moving from homelessness to the workforce. This is the organization that our long-time BIJ member, David Zeff, supports with the collection basket in the lobby. Let's give this program a big boost with your contribution!!
- HELP us make lunch sacks that will be brought directly to feed homeless men and women living on the streets of San Francisco.
- BRING gently-used warm clothing to help stock the clothes closets of several non-profit agencies in Daly City and South San Francisco.
- MAKE blankets for hospitalized and homeless children. We provide the supplies and the only skills you need are using scissors and tying a knot.
- JOIN our cleaning crew and help clean Ocean Beach. Preventing trash from entering the ocean will help save wildlife.

### LUNCH SACK PREPARATION

(following Lunch & Learn) – Lunch sack preparation begins at 1:30 pm following the adult education program which begins at 12:00 noon. You are welcome to participate in either program, or both.

September 15 at Ner Tamid, 1250 Quintara, SF

October 20 here at BIJ, hosted by Or Shalom

### VOLUNTEER AT THE SAN FRANCISCO/MARIN FOOD BANK

Come help at the Food Bank's warehouse and make a huge dent in fighting hunger in our community. We work on the last Sunday of each month, please note we are scheduled for December 18th as the Food Bank will be closed on the last Sunday in December. The time is 9:00 - 11:00 am.

RSVPs are not necessary but if you let us know you are coming, we'll look out for you so we can work together. Contact Lori Ganz at (415) 606-8727 or [LJGanz@yahoo.com](mailto:LJGanz@yahoo.com)

September 25

October 30

November 27

December 18

*Steve Roditti*

Tikkun Olam Committee Chair

# COMMUNITY

## Birthright Israel with URJ Keshet Pre-Registration Opens on September 12!



Give your child the gift of Israel! Invite your child to be a part of a once-in-a-lifetime experience that has already been shared by more than 400,000 young adults and counting. As the only Birthright Israel trip affiliated with Reform Judaism, the URJ Keshet experience embodies values important to you — inclusive, open-minded, inspirational and fun. Explore the stories of our alumni and plan to Go Keshet! Don't let your child miss out!

- Applicants must be 18-26-years old
- Anyone who traveled to Israel on a peer trip prior to turning 18 is now eligible! This means that people who went to Israel with NFTY in Israel, NFTY-EIE High School in Israel or another teen program are now eligible to return to Israel for free with URJ Keshet.

Go to [www.gokeshet.org](http://www.gokeshet.org)

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## SF Civic Connection 2016 September 14, 6:00 PM



Join us on September 14th for Civic Connection San Francisco 2016! This year we're hosting our gathering of elected officials, candidates and Jewish community leaders at the Contemporary Jewish Museum. There are many critical issues to address, including economic justice, racial equality and support for a two-state solution to the Israeli-Palestinian conflict.

Hosted by the Jewish Community Relations Council  
Registration at <https://jcrc.org/news-events/events/>

At the Contemporary Jewish Museum  
736 Mission St, San Francisco, CA

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## Become a Volunteer Reading Tutor and Make a Difference in a Child's Life September 26, 1:00 PM

In just one hour a week, you can help a struggling student learn to love reading. Join the Jewish Coalition for Literacy as a volunteer reading tutor and help an underserved child succeed.

To become a JCL tutor, you must first attend a free training and orientation session. No previous tutoring experience is necessary!  
At Congregation Sha'ar Zahav  
290 Dolores Street, SF  
Register at 415.977.7436 or <http://www.jclread.org/>

## The Dybbuk: A Multimedia Chamber Opera September 24, 8:00 pm September 25, 5:00 pm



*The Dybbuk* is a multimedia chamber opera composed by Ofer Ben-Amots and inspired by S. Ansky's timeless Yiddish play.

Folk elements intertwine with contemporary musical textures to create a haunting world, while multiple video projections tell a powerful story of faith, mysticism and passion. The OFJCC presents the exclusive West Coast premiere with the performance in both English and Hebrew with supertitles.

Oshman Family JCC  
3921 Fabian Way, Palo Alto  
For tickets and more information, go to [www.paloaltojcc.org/dybbuk](http://www.paloaltojcc.org/dybbuk)

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## ERASED: Babi Yar, the SS and Me a dramatic memoir with song

By Corey Weinstein, Or Shalom Member

Observe the 75th Anniversary of the Massacre at Babi Yar in WWII

Erased: Babi Yar, the SS and Me is about memory, the Holocaust and the process of negotiating the personal and communal trauma of WWII.

The play recounts the story of the ethnic cleansing of the Jews by gunfire in the Ukraine in 1941 using the established historical records as resources. And it tells the author's story as he grew up in a gilded Jewish ghetto in the backwash of the Holocaust; about how his community managed the shock and trauma. It is a play about how memory shapes each person and how memories can be refreshed with new experiences. 15 songs provide the backbone of the play that weaves narratives about what was done, and what was lost and what was erased in our communal lives; and what can be recovered even now.



September 28, 7:30 pm  
Marsh Theater  
1062 Valencia Street, San Francisco  
Tickets at [www.themarsh.org](http://www.themarsh.org) or call 415.282.3055

September 30, 7:30 pm  
Community Music Center  
544 Capp Street, San Francisco, free  
For more information, contact [babiyarandme@gmail.com](mailto:babiyarandme@gmail.com)

## GIFTS & DONATIONS

### *Todah Rabah - Thank You!*

#### *Friday Night Feast*

Sisterhood – The Women of BIJ

#### *General Fund*

**Anonymous**

**Neil Bronstein**

In honor of Barbara and Eric Hammel's 50th Anniversary

**Apollo Gerona**

**Aimee Golant**

In memory of Arthur Kleinhandler

**Irina and Oleg Golubtsova**

**Avraham Giannini MD**

In memory of Lorraine Smookler MD

**Margaret Kaplan**

In memory of Reuben Kaplan

In memory of Julius Kay

In memory of Bertha Kaplan

**Ardath Kirchner**

In memory of David Morgenstern

**Quentin Kopp**

In memory of Shepard S. Kopp

**Eva-Lynne Leibman**

**Miriam Menzel**

In appreciation of Shabbat Shelanu

**David and Sandra Monasch**

In memory of Esther LaPedis

**Ann Morgenstern and Jeff Kallman**

In memory of Leonard Morgenstern

**Jamie Morgenstern**

In memory of David Morgenstern

**Bonnie Orendorff**

In memory of James Orendorff

**Martha Phongpitag**

In honor of Barbara and Eric Hammel's 50th Anniversary

**Elaine Reynolds**

In appreciation of Nancy Greenberg and Deborah Schweizer

In memory of Chuck Reynolds

In memory of Lillian Favetti

**Richard and Anne Marie Ruben**

In memory of Esther LaPedis

**Valerie Rudee**

In memory of Robert Rudee

**Deborah Schweizer and Curt Engelhard**

In honor of Barbara and Eric Hammel's 50th Anniversary

**Joyce Strauss**

In memory of Walter J. Strauss

#### *Martin & Gregg Flaum Library Fund*

**Beverly Flaum**

In memory of Lillian Silberman

In memory of Ronen Navah

In memory of Martin Flaum

#### *Music & Cantor Fund*

**Corinne and Jennifer Kopatz**

In memory of Walter Kopatz

In memory of Bertha Steinberg

## VOLUNTEERS

### *Rabbi Gottlieb Discretionary Fund*

**Barry and Evelyn Adler**

In memory of Theodore Adler

In memory of Lillian Siegal

**Sandra Berger and Sharon Duke**

In memory of Sanford J. Berger

In memory of Mary Entin

**Corinne and Jennifer Kopatz**

In memory of Walter Kopatz

**Howard Lockshin**

In memory of Jeanette S. Lockshin

**Rina Racket**

In appreciation of Rabbi Gottlieb

**Richard and Niki Rothman**

In memory of Shirley Tobey Galbraith

### *Youth Awards & Scholarship Fund*

**Claire Mikowski**

In memory of Leah Mikowski

**Sisterhood—The Women of BIJ**

In support of B<sup>3</sup>

*And a very special THANK YOU to Evelyn and Barry Adler, who donated their entire collection of novels by Isaac Bashevis Singer to the BIJ Library.*

\*\*\*\*\*

**THANK YOU to all our VOLUNTEERS,  
and a special THANK YOU to:**

#### *Bulletin*

Elie Aharon

Adam Safford

Reeva Safford

Deborah Schweizer

#### *BIJ Project Day*

Elie Aharon

Margo Freistadt

Simcha Greenspan

Alfred Herpe

Natalie Melendez-Ortiz

Deborah Schweizer

Sandie Spacek

Andy Safford - painter extraordinaire!

#### *Office & High Holy Day Mailing*

Judy Bader

Amy Gottlieb

Gail Harden

Stacey Herrera

Elias Albertson

Johanna Gendelman

Gail Harden

Terry A. Levy

Jamie Morgenstern

Ben Siegel

Donations received after August 17  
will appear in the next bulletin.

*Please forgive us if we inadvertently omitted your name.*

# Congregation Beth Israel Judea

625 Brotherhood Way  
San Francisco, CA 94132

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Daly City, CA

## Erev Shabbat Schedule

### 1<sup>st</sup> Friday: Shabbat Shelanu (Our Shabbat)\*

5:30 PM Tot Shabbat  
6:30 PM Table Blessings and Catered Dinner  
7:15 PM A musical family-friendly service.

### 2<sup>nd</sup> Friday: Neighborhood Shabbat

7:30 PM BIJ goes "on the road..."

### 3<sup>rd</sup> Friday: FREE Friday Night Feast

6:30 PM Tableside Shabbat Blessings & Catered  
Dinner. Includes program for adults. Please RSVP.

### 4<sup>th</sup> Friday: Sacred Hebrew Chant & Drum

7:30 PM Soulful singing, joyful rhythms and  
meditative worship. Potluck Dessert Oneg Shabbat  
follows - please bring goodies!!

### Weekly BIJ Saturday Morning Services

8:45 AM Torah Study  
10:00 AM Shabbat Services  
Light Kiddush follows

\*September 2 Shabbat Shelanu will be at B'nai Emunah  
and begin at 6:30 (no Tot Shabbat).

## Beth Israel Judea Mission Statement

Congregation Beth Israel Judea is a center for progressive, egalitarian Judaism located in southwest San Francisco.

Our multigenerational, participatory community welcomes all Jews and interfaith families along with their partners and friends.

We value celebrations of the spirit, Jewish culture, our children's education, and life-long learning, music, social justice and Tikkun Olam.



UNION FOR **MEMBER**  
REFORM JUDAISM  
האיחוד ליהדות רפורמית  
SERVING REFORM CONGREGATIONS IN NORTH AMERICA