



BETH ISRAEL JUDEA BULLETIN

Celebrating

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L'shanah Tovah from BIJ!

BIJ - Your Community for Life

WELCOME TO BIJ

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The BIJ Bulletin

The BIJ Bulletin is published in January, March, May, July, September and November each year by Congregation Beth Israel Judea.

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We encourage committees to submit articles. Original articles and reviews are appreciated, but we cannot guarantee publication. All articles should be submitted by email to: sheckelman@bij.org in simple **Microsoft Word** format or in the body of your email.

Deadline for articles for the upcoming November/December issue is: **Wednesday, October 1.**

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Office Hours

CLOSED Mondays

Tuesday, Wednesday, Thursday: 10 AM to 5 PM

Friday: 10 AM to 3 PM

HOLIDAY OFFICE CLOSURES:

Wednesday, September 24: closes at 12:00 NOON

Thursday & Friday, September 25 & 26

Friday, October 3: closes at 12:00 NOON

Thursday & Friday, October 9 & 10

Thursday & Friday, October 16 & 17

FROM THE RABBI'S STUDY

The Cycle of Life By Rabbi Danny Gottlieb



The Cycle of Life

This past month has been one of great highs and lows for Ricki and me as we have experienced the fullness of the cycle of life. As you know by now, my father died unexpectedly at the end of June, just three weeks shy of Ricki's and my wedding. And so we went from the depths of grief and mourning to the highest of our personal joy and celebration in a very quick passage of time. Such is the cycle of life, with some moments carefully planned and excitedly anticipated, and some moments thrust upon us suddenly and without warning or welcome.

My Dad was a loving son, husband, father, grandfather and great-grandfather. He was a protector, mentor, guide and inspiration to my brothers and me. He loved Ricki and was eagerly anticipating the trip to San Francisco for our wedding, and though the Holy One had a different idea, Dad's presence was with us at the chuppah and remains with us always.

Also with us for the shiva, and then for the celebration of our marriage, were many family members from across the United States and Canada, and of course, many friends from San Francisco and BIJ. We are grateful for the support that you gave to us as these events unfolded in our lives.

The Cycle of the Year

With summer coming to a close, we look forward to the New Year and our High Holy Day and Fall Festival observances. We look forward to seeing you here at BIJ for Rosh Hashanah and Yom Kippur services. A full schedule of services is found on the facing page. It is, of course, also the cycle of the synagogue membership year, and as BIJ needs the full support of all of its members, I encourage those of you who have not already done so to be in touch with Sara Heckelman at the BIJ office to renew your membership pledge for the coming year.

This year, we will be sharing our Sukkot and Simchat Torah celebrations with our friends from Or Shalom. (Or Shalom will celebrate Rosh Hashanah and Yom Kippur at an off-site location.) This promises to be yet another opportunity to strengthen and enrich our celebrations and add a new measure of energy and dynamism to our Festival gatherings. I look forward to seeing you there.

The Cycle of Conflict in Gaza

As I am writing this message, we are in the second day of a 72-hour cease fire in the hostilities in Gaza. For the past month we have been witness to the tragedies and the horrors of warfare. Israeli men, women and children displaced from their homes or running to the shelters many times each day as rocket attacks from Gaza continue to target civilian locations in Israel. Palestinian men, women and children with no shelters to run to, becoming casualties of the conflict as they, their homes, schools and hospitals are used as shields by Hamas for rocket launchers and tunnel entrances. Israel and her relations with the Palestinians is a complicated matter, and there is enough blame to go around for the circumstances that have led to the current conflict. I will have more to say about the situation over the High Holy Days but for now, we pray that the cease fire will hold, the killing will end, and the tunnels and armaments will be sufficiently incapacitated to allow for a period of quiet, rebuilding and healing, and a concerted effort to find a path toward peaceful co-existence.

As the New Year begins, we pray for peace and well-being, not only for Israel and her neighbors, but for all of the troubled places in our world. And we pray for peace and well-being for ourselves, our friends and families, and all whom we love. May better days be upon us soon.

Ricki and I wish you and those you love a year of peace and prosperity, good health and happiness and much love. May God be with you in the year ahead. To all of you, from Ricki and me, best wishes for 5775. May you be inscribed for a Good and Sweet New Year.

L'shanah tovah u'm'tukah!

Rabbi Danny Gottlieb

2014 High Holy Day Services at Beth Israel Judea 5775

A Journey of Repentance and Renewal

WE WELCOME THE NEW YEAR WITH SERVICES THAT HELP US LOOK BACK AT THE YEAR THAT HAS ENDED AND
FORWARD TO THE YEAR THAT IS BEGINNING...

Erev Rosh Hashanah, Wednesday Night, September 24

8:00 pm Evening Service: Uplifting contemporary musical service, *led by Rabbi Gottlieb and Cantorial Soloist David Morgenstern.*

Rosh Hashanah Day I, Thursday Morning, September 25

9:00 am Family Service: This joyful and engaging service is designed for families with younger children, *led by Rabbi Gottlieb and Ricki Weintraub.*

10:00 am Morning Service: We continue our Rosh Hashanah worship using the new CCAR *mahzor* and Rabbi Morris' *mahzor*, *Hear Our Prayer.*

10:00 am Children's Program: During the morning service our children have the opportunity to participate in a program of arts and crafts, music, storytelling, drama, deliciously healthy snacks and more. The program includes a visit to the sanctuary to hear the blowing of the shofar with the congregation! Reserve your space online at www.bij.org by September 4.

*1:30 pm Tashlich Service: At the end of the morning service, we will nosh on apples and honey cake. Afterwards, we will walk down to Lake Merced for a brief Tashlich service where we symbolically cast away our sins (casting bits of stale bread into the water) and welcome a year of goodness and blessing.

Rosh Hashanah Day II, Friday Morning, September 26

10:00 am Morning Service: A warm and engaging, traditional-style service to conclude our Rosh Hashanah worship.
(PLEASE NOTE that there will be no Erev Shabbat service at BIJ on Friday evening)

JEWISH TRADITION CALLS UPON US TO REMAIN IN THE SYNAGOGUE THROUGHOUT THE DAY OF ATONEMENT. A VARIETY OF WORSHIP SERVICES AND
STUDY PROGRAMS WILL BE OFFERED TO ENGAGE US FROM KOL NIDRE TO SUNDOWN ON YOM KIPPUR...

Kol Nidre, Friday Night, October 3

8:00 pm Evening Service: Gathering together to hear the powerful chanting of the *Kol Nidre*, our BIJ community will begin our day of prayer and fasting with deep introspection, reflection and solemn worship, *led by Rabbi Gottlieb, Cantorial Soloist David Morgenstern and Ricki Weintraub.*

Yom Kippur, Saturday, October 4

9:00 am Family Service: Designed for families with younger children, our service will include storytelling and a discussion about how to be better people in the year ahead.

10:00 am Morning Service: Continue our day of prayer and study using the new CCAR *mahzor* and Rabbi Morris' *Hear Our Prayer.*

10:00 am Children's Program: See program description above (Rosh Hashanah Day I). Yom Kippur program includes a visit to the sanctuary for a special children's blessing on the *bimah* during the morning service. Reserve your space online at www.bij.org by September 4.

1:45 pm Yom Kippur Study: Stay with us in the synagogue for Yom Kippur study, the first of two programs connecting the morning service to the afternoon, Yizkor and Neilah services.

3:00 pm Music and Meditation: Join us in the Fireside Room for a program of quiet music, contemplative readings and silent meditation, *led by Rabbi Gottlieb and Ricki Weintraub.* This program provides rest and renewal for both body and soul as we prepare for the resumption of services in the main sanctuary, which will take us to sundown and the end of our Day of Repentance.

4:30 pm Afternoon Service: We will resume our worship with a brief Torah service and the chanting of the Book of Jonah. Everyone is invited to take a moment to stand at the ark and offer their prayers of the heart.

4:30 pm Children's Program: See program description above (Rosh Hashanah Day I). Reserve your space online at www.bij.org by September 4.

*5:30 pm Yizkor Service: We remember our beloved family, friends and fellow members of BIJ who have died. As in past years, we will publish a Book of Remembrance.

*6:15 pm Ne'ilah: This final, introspective service takes place during the waning hours of the day "as the gates begin to close." The ark will again be open for personal prayers, and we will conclude with a final blast of the shofar and a rousing *L'Shana Hab'ah* to another blessed year of life.

*7:00 pm Community Break-Fast: As we near sundown and the end of The Day of Atonement, a bit of sweet and savory will be provided following the service for those inclined.

*Time approximate.

HOLIDAYS & SHABBAT

Sukkah Building & Decoration

October 5, 9:30 AM

Calling all children, parents, adults, and friends! Help build our sukkah and make decorations (it's a mitzvah!) in a fun and informal day of learning and working together as a community.



Sukkah Potluck

Friday, October 10, 6:30 PM

@ B'nai Emunah, 3595 Taraval/46th Ave



As we continue our religious school partnership with B'nai Emunah in B³ (Beth Israel Judea + B'nai Emunah = B'yachad— together), we will celebrate some holiday events together. Many will be here at BIJ and others will take place at B'nai Emunah. Bring a dairy/pareve dish to share and join us for

dinner and Erev Shabbat services in the Sukkah!

There will be no Shabbat service at BIJ, yet all are welcome to attend Or Shalom's Service at 7:00 PM.

Shemini Atzeret Yizkor Services

October 16, 9:45 AM

@B'nai Emunah, 3595 Taraval/46th Ave

Join us as we remember our loved ones.



Simchat Torah Celebration

October 17

6:00 PM Potluck Dinner; 6:30 PM Celebration

Come and dance with the Torah! Simchat Torah is time to celebrate. As Rabbi Ben Bag Bag said, "Turn it and turn it, for everything is in it." See the scroll opened around the room, as our children go on a "guided tour" of the Torah. We celebrate reading the last portion in the Torah and start again! Join us as we dance with the scrolls and celebrate our heritage—including Israeli dancing. The evening begins with a veggie/dairy potluck dinner at 6:00 PM.

First Friday: Shabbat Shelanu

September 5 & November 7

5:30 PM Tot Shabbat Service

6:15 PM Dinner

7:00 PM Family Friendly Musical Service

First Friday Family Shabbat expands with Or Shalom and B'nai Emunah! Shabbat Shelanu (Our Shabbat) is a time to celebrate Shabbat, eat together and highlight the learning of our students. Check out Tot Shabbat at 5:30 and note the earlier start time for **catered** dinner. Our Rabbis and Ricki Weintraub lead us in a fun-filled Shabbat and monthly birthday celebration!

Second Friday: Shabbat in Pacifica

September 12, 7:30 PM

On the second Friday of each month, we take our Shabbat service "on the road" to different neighborhoods. Members host the chavurah-style services in their homes, led by Rabbi Danny Gottlieb and Ricki Weintraub. This provides an opportunity for our members who find it difficult to travel at night to attend, as well as to invite neighbors who are not yet members of the BIJ family to engage with us in an informal way. Please contact the BIJ Office for details, or if you are interested in hosting a Neighborhood Shabbat this year.

There will be no BIJ-led service at BIJ, yet all are welcome to attend Or Shalom's Service at 7:00 PM.

Third Friday: Friday Night Feast

September 19, 6:30 PM

A free, catered Shabbat feast! Welcome Shabbat with tableside blessings, then enjoy delicious fare and each others' company. After *birkat hamazon*, the grace after meals, a special program for the adults takes place; children retreat to the Fireside Room for supervised activity. Invite friends who have never been to BIJ! This monthly event is a wonderful opportunity to introduce your friends to our BIJ Community.

Jewish Ethics and Our Food Choices

Food plays a key role in Jewish life, from the laws of Kashrut to the joys and rituals of holidays. Food also plays a key role in many modern issues tied to Jewish ethics, from animal treatment, to social justice, to our own personal health. Katie Cantrell and Lauren Broder of the Factory Farming Awareness Coalition share surprising and fun ways that our food choices can link our Jewish ethics to our daily life. **RSVP to sisterhood@bij.org by Sept. 11** (include childcare if needed).

Fourth Friday:

Erev Shabbat Sacred

Hebrew Chant and Drum

October 24, 7:30 PM



Join us for our unique Sacred Hebrew Chant and Drum service. Our joyful band of vocalists and drummers lead us as we welcome Shabbat in an uplifting evening, layered with harmonies and rhythms, creating a sacred space. A potluck Oneg Shabbat and schmooze follows. Please bring a treat to share. **Tell a friend – all are welcome!!!**

Fifth Friday: Shabbat Café

October 31, 7:30 PM @ B'nai Emunah

Sunrise, Sunset Shabbat Café - Shabbat sing-along, kiddush and kaddish, coffee, potluck dessert nosh, and for those who stay late and like a few "tricks" with their "treats," a showing of the Jewish horror film, *The Possession*. The film features a demon from Jewish folklore called the Dybbuk. Reggae star Matisyahu plays a Hassidic rabbi who performs an exorcism on a girl who purchased a box that contains a body-invading Dybbuk.

SHABBAT & HAPPENINGS

Shabbat Mornings:

9:00 AM Torah Study / 10:00 AM Service

The first Saturday of the month is a joint service with Or Shalom, led by their clergy.

Rabbi Danny Gottlieb and/or Cantor David Morgenstern lead all other Shabbat Morning services.

Viviane Lorvan becomes Bat Mitzvah

October 18, 10:00 AM



Viviane was born in Santa Rosa, CA, moved to Pacifica pretty soon thereafter, and has lived in Belmont for seven years. She is an eighth grader at Ralston Middle School where her favorite subjects are Science and History. She is the first cellist in the Advanced Orchestra and last year performed at Disneyland. The program included a couple of days at the park as well as lessons in how to do studio recording.

She loves reading! She is one of the few kids in the world whose Mom has to say, "Put down your book, call a friend and go play!" She has read the "Harry Potter" series at least twice and spent this past summer slogging through "The Lord of the Rings."

One of her other favorite pastimes is acting. She has been in several Shakespeare plays and this summer had a fantastic experience playing Miss Hathaway in an adaptation of "The Beverly Hillbillies" with the Pacifica Spindrift Players.

Viviane started a Dungeons and Dragons group at her school. As the "Dungeon Master," she leads her friends twice a week at lunch through perils and pitfalls, making use of all her research in the books she likes to read.

When she grows up, Viviane would like to be a chemist or an author or an actress or an interior designer or a police officer or....

Our whole family would like to thank Rabbi Gottlieb, Cantor David, Ricki and Rebecca as well as all the teachers she's had over the years in BIJ's B³ religious school program for making it fun to learn about Judaism, Hebrew and preparing for this special event, especially during the challenges we've had in the past year. Thanks to all of our community at BIJ who make it such a special place to be.

Rosh Chodesh Women's Group

September 17 & October 14 7:00 PM

Have you wondered what Rosh Chodesh is all about? Have you been searching for a spiritual space to feed your spirit and your soul?

The Women of BIJ celebrate the new moon each month. Led by Ricki Weintraub, we begin with a short ritual welcoming



the new moon followed by discussions, activities and meditations that help us find ways to connect more deeply to Judaism, ourselves, our lives and each other.

Each gathering will stand alone - so if you are unable to make them all, please come whenever you can. Bring a friend (and a nosh, if you are able).

Current World Affairs

September 2 & October 7

10:30 AM

Join us for stimulating discussion, vigorous debate and intellectual exploration of global events and the Jewish approach to issues facing our international community. Discussion is facilitated by Eric Gattmann, Professor Emeritus in Social Sciences, College of San Mateo.



Monthly Craft & Schmooze

September 14 & October 12, 1:00 PM

Do you enjoy making friends, making or learning crafts or maybe a little knitting? Then join us for a fun afternoon of schmoozing, crafting, artistic and spiritual exploration. We meet on a monthly basis on Sundays in the BIJ Fireside Room.



September 14 we will build our Sukkah, and Craft & Schmooze will focus on Sukkah decorations.

Golden Thursdays: Lunch & Learn with Rabbi Gottlieb and Rabbi Melamut

September 18 at B'nai Emunah

October 23 at BIJ, 12:00 NOON

Designed for people with flexible schedules who would like to come to the synagogue for a bite, learn with the Rabbis, and socialize. The Lunch and Learn sessions usually take place the third Thursday of the month, are led by Rabbi Gottlieb and Rabbi Melamut of B'nai Emunah, and alternate between BIJ and B'nai Emunah. A light lunch is provided.



Scholar in Residence with B'nai Emunah

November 14-16 in Sonoma, RSVP by 10/7

Nathaniel Deutsch is a professor at UCSC, where he is also the Co-Director of the Center for Jewish Studies and the Director of the Institute for Humanities Research. For more information, see the B'nai Emunah website:

<http://bnaiemunahsf.org/events/2014-11-14/retreat>

PREPARING FOR THE HIGH HOLY

Preparing for Holy Days and Festivals

From Rabbi Gottlieb

The High Holy Days (Rosh Hashanah and Yom Kippur) and the Fall Festivals (Sukkot and Simchat Torah) represent a period of almost one month when many of us are as “Temple-focused” as at any time throughout the year. Even those who do not attend services with any regularity at other times respond to the call of the Shofar and feel compelled to join the community in study and in prayer, in song and in celebration during these Days of Awe and Festivals of Rejoicing.

But the observance of these days is not fulfilled by synagogue attendance alone. Rather, the observance begins at home, with a festive meal prior to the evening service, and the recitation of blessings appropriate for each evening. To help you fulfill the *mitzvat* of home observance, you will find home services for each of the Holy Days and Festivals accompanying this edition of the Bulletin. Please feel free to make as many additional copies as you need for your household, and pass them on to your extended family and friends. And may your household be enriched by your observance, and come to know many blessings and celebrations in the year ahead.

There will be many new faces among us as we worship together over the High Holy Days. Please take a moment and introduce yourself to people you do not know. Many of those you will encounter will be people who are not yet members of our congregation. Take the opportunity to welcome them to BIJ, tell them about your own connection to our synagogue, and let them know that they are welcome to join us throughout the year.

Preparing in Advance – Elul and Selichot

The rabbis teach that we must prepare for the High Holy Days through study and prayer, and that this preparation needs to begin well in advance of Rosh Hashanah. The month of Elul, which is the month leading up to Rosh Hashanah, begins on August 27 this year. Traditionally, the shofar is blown at weekday morning services throughout the month of Elul in anticipation of Rosh Hashanah. The sound of the shofar calls us to repentance and awakens within us a spirit of renewal for the year ahead. Join us for

Friday evening services throughout the month of Elul (from now until Rosh Hashanah). Just before we light the candles to welcome Shabbat, we will blow the shofar to remind ourselves of the task at hand. This is the beginning of our preparation.

Study is another way to prepare for the New Year. Once again this year we are holding an Elul study series, in collaboration with B’nai Emunah, Ner Tamid and Or Shalom. On Thursday evenings, August 28, September 4, 11 and 18, we will study together in preparation for the New Year. Details are on the facing page. Don’t worry if you can’t attend all of the sessions. Each session stands alone. Come as often as you can.

And then, one week before Rosh Hashanah, we complete our preparation for the introspection, repentance, joy and celebration of the High Holy Days with an evening of discussion, quiet reflection, prayer and song. The early part of the evening will give us a chance to gather, schmooze with friends and enjoy some food and conversation. And, as midnight approaches, we will join together in Havdalah to mark the end of Shabbat, and continue with our Selichot service over the hour of midnight, which includes the changing of our Torah mantles to their Holy Day white. This is an exceptionally beautiful and powerful moment in time, and an experience that readies us for the Days of Awe that follow.

This year, our Selichot service takes place on Saturday, September 20, beginning at 9:00 PM.

I look forward to seeing you there.

Preparing Ourselves – Seeking and Offering Forgiveness

The High Holy Days are also a time of personal renewal and return (*teshuvah*). This is the time of year to look back upon our thoughts, our words, and our actions in the year that is ending. It is the time to approach those whom we may have hurt by word or deed and to ask for their forgiveness. The following prayer may be of help to you in preparing for your own renewal and return.

DAYS AND FESTIVALS



ETERNAL ONE, WITNESS now that I forgive anyone who hurt or upset me or who offended me -- damaging my body, my property, my reputation or people that I love; whether by accident or purposely; with words, deeds, thoughts or attitudes.

I forgive every person who has hurt or upset me. May no one be punished because of me. May no one suffer consequences for hurting or upsetting me.

Help me, Eternal One, to keep from offending You and others. Help me to be thoughtful and not commit outrage by doing what is evil in Your eyes.

Whatever sins I have committed, blot out, please, in Your abundant kindness, and spare me suffering or harmful illnesses. Help me become aware of the ways I may have unintentionally or intentionally hurt others, and please give me guidance and strength to rectify those hurts and to develop the sensitivity to not continue acting in a hurtful way. Let me forgive others, let me forgive myself, but also let me change in ways that make it easy for me to avoid paths of hurtfulness to others.

I seek peace, let me be peace. I seek justice, let me be just. I seek a world of kindness, let me be kind. I seek a world of generosity, let me be generous with all that I have. I seek a world of sharing, let me share all that I have. I seek a world of giving, let me be giving to all around me. I seek a world of love, let me be loving beyond all reason, beyond all normal expectation, beyond all fear that giving too much love will leave me with too little. And let me be open and sensitive to all the love that is already coming to me, the love of people I know, the love that is part of the human condition, the accumulated love of past generations that flows through and is embodied in the language, music, recipes, technology, literature, religion, agriculture, and family heritages that have been

passed on to me. Let me pass that love on to the next generations in an even fuller and more explicit way.

Source of goodness and love in the universe, let me be alive to all the goodness that surrounds me. And let that awareness of the goodness and love of the universe be my shield and protector. Hear the words of my mouth and may the meditations of my heart find acceptance before You, Eternal One, who protects and frees me. Amen.

And to all those whom I might have hurt or offended in the year that has passed, by word or by deed, whether knowingly or unwittingly, please accept my sincere apology as the New Year approaches, that each of us may know a good, sweet and prosperous year of blessing. And if there is any "unfinished business" among us of which I am not aware, please feel free to approach me in these next days and weeks.

L'shanah tovah tikateyvu—May you be inscribed for a good New Year!!

The South Side Jewish Collaborative

ELUL A Time To Reflect

Please join us for a 4-part series in preparation for the High Holy Days

Teshuvah in Classical and Contemporary Jewish Thought

Four rabbis explore the ideas of repentance, renewal and return through the eyes of great Jewish thinkers past and present.

Thursday evenings during the month of Elul 7:30-9:00 PM

- | | | |
|---------|-------------------|---|
| Aug 28 | R. Moshe Levin | Shneyer Zalman of Liadi, the Lubavitcher Rebbe |
| Sept 4 | R. Danny Gottlieb | Levi Yitzchak of Berditchev & Chassidic Masters |
| Sept 11 | R. Katie Mizrahi | Alan Lew & Contemporary Thinkers |
| Sept 18 | R. Mark Melamut | Maimonides |

at Beth Israel Judea **** All are welcome!

THE CANTOR'S VOICE

Between the Four Corners of the Tallis: Part Four By Cantorial Soloist David Morgenstern



In advance of the High Holy Days, I want to wish everyone a *Shana Tova Umetukah*, a “Good and Sweet New Year!” And may I offer the Yom Kippur greeting of *G'mar Chatima Tova*, May You Be Sealed [in the Book of Life] for Good. Now, with the upcoming spiritual season in mind, this might be a good time to take a look at the ritual practices surrounding the wearing of tallit during the High Holy Days. There are some interesting traditions specific to the “Days of Awe,” the *Yamim Noraim*.

Why is this night different from all other nights?

For most services throughout the year, we wear our tallit during the day in the morning services. Why is this? The practice is based on a phrase in Torah, part of the last paragraph of the Sh'ma blessings (which can be found on page 53 in our *Siddur Eit Ratzon* prayer book). This paragraph talks about the meaning and practice of the *tzitzit*:

Numbers 15:39, “That shall be your fringe; look at it and recall all the commandments of the Lord and observe them, so that you do not follow your heart and eyes in your lustful urge. Thus you shall be reminded to observe all My commandments and to be holy to your God.”

Naturally, our eyes move to the part about the “heart and eyes in your lustful urge.” However, near the beginning of the line is the phrase “look at it ... and observe them,” which was interpreted to mean that the tallit should be worn during the day when the *tzitzit* could actually be seen and “observed.” At night, in the days before electric and gas illumination, even by candlelight, there wouldn't be enough light to sufficiently see the *tzitzit* and thus effect the mitzvah.

The JPS Torah Commentary calls the *tzitzit* a “mnemotechnical device” (a mnemonic device), which “by means of sensual experience” (seeing the *tzitzit*) the viewer would strengthen his convictions and then act upon that conviction (or not act depending upon the circumstances). “The rabbis formulated it thus: ‘Sight leads to memory and memory to action.’”

However, on Kol Nidre evening, we wear a tallit. What's up with that? Some of the reasons I uncovered for this practice sounded a bit forced to my ears: we wear a tallit when we take out the Torah from the ark in the morning Torah service, as well as when we say certain prayers, such as the three-fold repetitions of the Thirteen Attributes of God (*Adonai, Adonai, El Rachum v'Chanun*), so even though it's nighttime on Kol Nidre, we should wear a tallit. Other

reasons sounded more reasonable: as I mentioned in my previous column, there's a tradition about burying persons in their tallit, and on this most holy of days, the tallit becomes another reminder of death and mortality. I appreciated the mystical teaching that on Kol Nidre evening we are connected to the usually-hidden, spiritually-powerful holy Light of Creation. This Light shines brightly in the community gathered together for worship on this holy evening so that we are able to see the *tzitzit*.

So please remember to bring your tallit to Kol Nidre and all the High Holy Day services, and remind your kids who have become Bar and Bat Mitzvah, since many of them have beautiful tallitot that will brighten our sanctuary.

White is the color of the Holy Days

Another High Holy Day tradition is to wear white garments. White can reference purity but also functions as a symbol of mortality, along with the plain white coat called a *kittel* (also mentioned in my last column). But this tradition of whiteness can be extended to tallitot. Sephardic Jews have the tradition to wear an all-white tallit on Shabbat, festivals and the High Holy Days.

One all-white tallit available in online stores is in the Beit Yosef style — this is a white wool tallit with white stripes, a white *atarah* (neckband) and white corner pieces. The striping of the Beit Yosef tallit is a special white-on-white weave.

Reminder: There's another tradition in the shul to not wear “holy objects” into the restroom. Nowadays, this tradition applies to men and to women. Such articles would include the *kittel* and tallit. You can hang them up on the racks outside the restrooms.

Friends: May each day lead us to more wisdom, more creativity, more holiness, more peace, and closer to the Holy One of Blessing.

B'vracha (with blessing),

David Morgenstern

New
Choir Members
Welcome!

Cantor David and Inara Morgenstern have opened up the Nashira choir and it's not too late to join them to get music ready for High Holy Day services. Please consider adding your voice in new and old songs for the New Year. Rehearsals are Wednesdays at 7:00 pm. Call Cantor David at 415.672.1751 if you have questions.

YOUTH & FAMILY EDUCATION - B³

Proud to Be Jewish

By Rebecca Goodman, RJE; Director of Education

Welcome to an exciting year of B³ (Beth Israel Judea + B'nai Emunah = B'yachad [together]). Our theme this year is **Proud to Be Jewish**, and we'll focus on four specific topics: (1) God and Jewish Belief; (2) Torah and Jewish Practice; (3) Israel; and (4) Hebrew.

Some exciting developments begin even before our first day of class (September 14). In our efforts to continue the collaborative nature of BIJ and continually enhance the spiritual and educational offerings to our students and their families, the First Friday Family Shabbat Potluck Dinner and Service will now be called Shabbat Shelanu (Our Shabbat) and we'll be joined by Or Shalom and B'nai Emunah.

Shabbat Shelanu (Our Shabbat) Schedule September 5 & November 7:

5:30 PM Tot Shabbat Service
6:15 PM Catered Dinner for Everyone (with RSVP)
7:00 PM Family Service - students' involvement may be a song or prayer or even an Israeli dance. You will see students leading table blessings and helping enhance the beauty of Shabbat through Hiddur Mitzvah.

Ricki Weintraub will continue enhancing our Sunday morning Judaica program with her music and enthusiasm. She'll be here on our opening day and then once a month through the end of the year.

Our partnership with B'nai Emunah continues and we'll have three events at their congregation. Don't miss the first one: Potluck Dinner in the Sukkah on Friday, October 10 at 6:30 pm. See page 7 for more information.

It's a busy year with our first fieldtrip to the zoo taking place on October 19. The fun expands even further as Or Shalom joins in on the action. We're looking forward to our teens helping develop activities for the younger students to complete at the zoo.

We will team up with Or Shalom again in February for a special event with the Jewish Community Library. *Mitz Petel* (Raspberry Juice) is based on the beloved Israeli children's story that features a mysterious character who lives in a house on the edge of the woods that has yellow curtains, green windows, and red shutters. Lion and Giraffe try to

find out who the mysterious *Mitz Petel* is; on the way they learn about playing, secrets and the power of friendship. *Mitz Petel* is a new installment of the Classic Israeli Bookshelf that features favorite Israeli children's stories translated and adapted for American children. Peter Olson is a Bay Area puppeteer who makes puppets, sets and stories for children of all ages. Ilan Vitemberg is director of the Israel Education Initiative of Jewish LearningWorks, a performer, and a member of the Up-a-Tree Puppetry troupe.



BIJ is also joining forces with Kol Shofar, Sherith Israel and Beth Shalom to expand our teen social programming in San Francisco. Our first event is a Havdallah Beach Bonfire at Ocean Beach on Saturday evening, September 20. Save the date for the next event on December 13 (which may be an evening exploration of Alcatraz).

Of course there is more planned, but you'll have to stay tuned, check us out online and join us on Sunday mornings to discover all that 5775 has to offer!

L'shanah Tovah,

Rebecca Goodman

September / October Schedule:

9/14/14 First day of B3
 9:30AM-12:00PM Judaica, Kindergarten – Grade 10
 12:00-12:30PM Bring your lunch and schmooze
 12:30-1:30PM Hevruta Hebrew, Grades 4-7
 9/21/14 B3
 9/28/14 No B3
 10/5/14 Sukkah Building & Decorating
 10/12/14 B3 & Pizza in the Hut
 10/19/14 Fieldtrip to the Zoo
 10/26/14 B3



HIGH HOLY DAYS WITH B³



ROSH HASHANAH: Thursday, September 25

Family Service, 9:00 AM

Dynamic and fun Rosh Hashanah Morning Services designed for families with younger children; led by Rabbi Gottlieb and Ricki Weintraub. Free and open to all.

Rosh Hashanah Children's Program, 9:45 AM – 1:30 PM (RSVP required)

Every year we offer a children's program (ages 2-10) during the Rosh Hashanah adult morning service. Drop off at 9:45 AM in the Mercaz (school building). Please bring a lunch for your child; snacks will be provided. Pick up is 1:30 PM. The day will include: Storytelling * Music * Drama * Arts & Crafts * Snacks * Outdoor Playtime. And we will be baking honey cakes and making greeting cards to be delivered to our homebound members.

Tashlich, 1:30 PM (time approximate)

Please join in as we "cast our sins away" during *Tashlich* (at Lake Merced).



YOM KIPPUR: Saturday, October 4

Family Service, 9:00 AM

Engaging Yom Kippur Morning Services designed for families with younger children; led by Rabbi Gottlieb and Ricki Weintraub. Free and open to all.

Yom Kippur Children's Program—Morning Session, 9:45 AM – 1:30 PM (RSVP required)

Much like the Rosh Hashanah program, but during Yom Kippur. (ages 2-10)
Don't forget a lunch for your child; see above for more details.

Yom Kippur Children's Program—Afternoon Session, 4:30 PM – 7:30 PM (RSVP required)

Pack a light dinner for your child (ages 2-10) and they can join us for an afternoon of fun and continued learning.

Price & Reservations for Rosh Hashanah and Yom Kippur

Members \$18/child/session –or– Non-members \$28/child/session

Reservations must be received by Thursday, September 4, at the latest.

Reservations are required for all three High Holy Day Children's Program Sessions. In order to ensure that we have enough staff to provide for your child(ren)'s safety, requests after this date will be accepted only if space is available. Register online at www.bij.org/events-donations/registration

Contact Rebecca Goodman, Director of Education, with any questions: rgoodman@bij.org or 415.625.3613

GIFTS & DONATIONS

Annual Fund

Barry and Evelyn Adler
 Bruce Alberts
 Josef Anisimov
 Amy Cohen and Guy Zuzovsky
 Michael and Betsy Dybbs
 Janet Endelman and Marshall Newman
 Jane Field
 Beverly Flaum and Sharon Duque
 Lori Ganz and Peter Wolff, Jr.
 Joshua Goodman and Karen Kerner
 Sandra and Alan Himmelstein
 Evelyn and Daniel Levin
 In memory of her father, Siegfried Meibergen
 Stephen Roditti
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 Valerie Rudee
 Deborah Schweizer
 Garret and Lori Smith
 Robin Winburn-Woll

General Fund

Judy and Gary Bader
 In honor of Rabbi and Ricki's wedding
 William and Diane Ehrlich
 In honor of Rabbi and Ricki's wedding
 Jeff and Lynn Glick
 In honor of Elissa's Bat Mitzvah
 Rabbi Danny Gottlieb
 Amy and Steven Gottlieb
 In memory of Joe Bard
 In memory of David Tiegel
 Al and Myra Herpe
 In memory of Clare Lobenstein Herpe
 Lisa Isenstein and Tim Brand
 In honor of Rabbi and Ricki's wedding
 In memory of Lyla Isenstein
 Margaret Kaplan
 In memory of Reuben Kaplan
 In memory of Julius Kay
 In memory of Bertha Kaplan
 Corinne and Jennifer Kopatz
 In memory of Walter Kopatz
 Quentin Kopp
 In memory of Shepard S. Kopp
 Joan Lapedis
 In memory of Judy Segol
 Ruby Levin
 In honor of Rabbi and Ricki's wedding
 Meyer Segal
 In memory of Zali Segal

Stanley and Lillian Siou
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 Pauline Smith
 In memory of Aaron Smith
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 Mildred and Morris Wohl
 In memory of Ruth Wilkerson

Martin & Gregg Flaum Library Fund

Beverly Flaum
 In memory of Rose Strock
 In memory of Lillian Silberman
 In memory of Judy Segol
 Theodore Flaum
 In memory of Gregg Flaum

Music & Cantor Fund

Beverly Flaum
 In memory of Leonard Morgenstern
 Jeff and Lynn Glick
 In honor of Elissa's Bat Mitzvah
 Kirk Goldberg
 In memory of Doris Goldberg
 Corinne and Jennifer Kopatz
 In memory of Leonard Morgenstern
 Carol and Bob Mills
 In honor of Cantor David Morgenstern

Rabbi's Discretionary Fund

Barry and Evelyn Adler
 In memory of Lillian Siegal
 In memory of Theodore Adler
 Sandra Berger
 In memory of Sanford Berger
 Jeanette Bronstein
 In honor of Rabbi and Ricki's wedding
 Joseph Engelman and Debra Murov
 In memory of Bernie Gottlieb
 In honor of Rabbi and Ricki's wedding
 Jeff and Lynn Glick
 In honor of Elissa's Bat Mitzvah
 Lee and Harry Huberman
 In memory of Bernie Gottlieb
 In honor of Rabbi and Ricki's wedding
 Corinne and Jennifer Kopatz
 In memory of Bertha Steinberg
 Carol and Bob Mills
 In memory of Bernie Gottlieb
 Jamie Morgenstern
 In memory of Leonard Morgenstern
 Elaine Reynolds
 In memory of Bernie Gottlieb
 In honor of Rabbi and Ricki's wedding

OUR VOLUNTEERS

Marty Segol

In appreciation of Rabbi's support during Judy's passing

Pat Sinervo

In memory of Bernie Gottlieb

Ethel Sosna

In honor of Rabbi and Ricki's wedding

Marilyn Wacks and Nathan Blau

In memory of Bernie Gottlieb

Rabbi Morris Fireside Room Fund

Stephen and Melanie Talsky

In memory of Denis Kray

Marvin Zukor and Vivian Rain-Zukor

Lorraine Smookler

In memory of Michael Smookler

In memory of Clara Smookler

Sacred Texts Fund

Wendy Lavine

In honor of Rabbi and Ricki's wedding

Youth Awards & Scholarship Fund

Judy and Gary Bader

In memory of Bernie Gottlieb

Gerald Bernstein and Kathleen Chaikin-Bernstein

In honor of Rabbi and Ricki's wedding

Michael Castleman and Anne Simons

In honor of Rabbi and Ricki's wedding

Diane and William Ehrlich

In memory of Bernie Gottlieb

Beverly Flaum

In memory of Bernie Gottlieb

Anne and John Fuchs-Chesney

In honor of Rabbi and Ricki's wedding

Joshua and Karen Goodman

In honor of Rabbi and Ricki's wedding

Amy and Steven Gottlieb

In honor of Rabbi and Ricki's wedding

Sandra Himmelstein

In memory of Bernie Gottlieb

Corinne and Jennifer Kopatz

In memory of Bernie Gottlieb

Ruby Levin

In memory of Bernie Gottlieb

Paul and Sherrie Rosenberg

In memory of Bernie Gottlieb

In honor of Rabbi and Ricki's wedding

Nancy Wechsler-Azen

In honor of Rabbi and Ricki's wedding

Gift in Kind

Stephen Talsky

Library books

Today Rabah to The Women of BIJ!

On the third Friday of each month, members of BIJ and their extended family and friends gather for a very special communal Shabbat celebration. This Friday Night Feast is a central component of our Shabbat evenings at BIJ. Members of all ages join in one community of fellowship. The Feast is an opportunity for individuals who do not have family in San Francisco to celebrate Shabbat as part of our larger BIJ family, and for members to invite friends to a first experience at BIJ. The Feast is free for all who wish to join us. The only "price" is the RSVP, so that we can make sure there is enough for all to enjoy.

The BIJ community is particularly grateful to
The Women of BIJ,
who are sponsoring the Friday Night Feasts in 5775!

THANK YOU to all our volunteers, and a very special THANK YOU to our members who donate their time, energy and skills:

Bulletin

Lynne Rappaport

Adam Safford

Reeva Safford

High Holy Days

Debra Braun

House

Alfred Herpe

Marketing

Deborah Bouck

Office

Faith Appel

Ron Appel

Judy Bader

Amy Gottlieb

Gail Harden

Please forgive us if we inadvertently omitted your name.

Sisterhood - The Women of BIJ

Gift Shop

Myra Herpe

Terry Levy

Yvonne Lorvan

Sherrie Rosenberg

Friday Night Feast

Barbara Hammel

Myra Herpe

Lynne Rappaport

Sherrie Rosenberg

*Donations received after August 22 will
be listed in the next BULLETIN

Congregation Beth Israel Judea

625 Brotherhood Way
San Francisco, CA 94132

Address Service Requested

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Daly City, CA

Erev Shabbat Schedule

1st Friday: Shabbat Shelanu (Our Shabbat)

5:30 PM Tot Shabbat
6:15 PM Table Blessings and Catered Dinner
7:30 PM A musical family-friendly service. Rabbis
Gottlieb, Melamut, and Mizrahi are joined by song
leader Ricki Weintraub. Potluck dessert Oneg
Shabbat follows.

2nd Friday: Neighborhood Shabbat

7:30 PM BIJ goes "on the road..."

3rd Friday: FREE Friday Night Feast

6:30 PM Tableside Shabbat Blessings & Community
Dinner. Includes program for adults.

4th Friday: Sacred Hebrew Chant & Drum

7:30 PM Soulful singing, joyful rhythms and meditative
worship. Potluck Dessert Oneg Shabbat follows -
please bring goodies!!

Weekly BIJ Saturday Morning Services

9:00 AM Torah Study
10:00 AM Shabbat Services
Light Kiddush follows.

Beth Israel Judea Mission Statement

Congregation Beth Israel Judea is a center for progressive, egalitarian Judaism located in southwest San Francisco.

Our multigenerational, participatory community welcomes all Jews and interfaith families along with their partners and friends.

We value celebrations of the spirit, Jewish culture, our children's education, and life-long learning, music, social justice and Tikkun Olam.

